## Mp3 John A. Krallmann - Caressed In Kindness



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Originally composed to provide a soothing environment for victims of domestic violence, this music is for relaxation, stress relief, and healing. 21 MP3 Songs NEW AGE: Healing, EASY LISTENING: Mood Music Details: As a composer, I was searching for a new musical project, when an item in the "Special Requests" section in a newsletter from Family Shelter Service caught my eye: Soft, soothing background music in CD format. And that's how the idea for this CD was born. Family Shelter Service is an organization located in the Chicago suburbs that provides help to victims of domestic violence, including emergency shelter, counseling, and many other forms of support. They wanted to use the therapeutic power of music to help their clients rebuild their lives, so I set about writing music to provide a comforting and healing environment. But the need for kindness and healing comes to everyone at different times for different reasons. My hope is that the music on this CD will help reduce the toll of whatever kinds of stresses--major or minor, internal or external, physical, emotional, or spiritual--you may be facing in your life. As you relax with this music, you can also have a hand in helping others build safer, happier lives, since profits from this CD will be donated to the organization that (unwittingly) launched this musical project. This CD is dedicated to my friend Kristina. A talented musician in her own right, we first met because of our mutual interest in music, and we spent many happy musical hours together. She helped me to understand that while violence and terror do exist, when someone is treated with gentleness, caring, friendship, and love--when they are caressed in kindness--there is great healing power.

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