Mp3 J. Lee Kraft - Meditative Affirmations For Peaceful & Positive Living



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Enjoy a CD of soothing, positive affirmations against a backdrop of meditative and uplifting music perfect for an attitude adjustment and to create a positive, peaceful focus about life. 10 MP3 Songs
SPOKEN WORD: With Music, SPOKEN WORD: Instructional Details: Rev. J. Lee Kraft, M.A., Ed., is an
interfaith minister, singer, songwriter, and musician. Rev. Kraft leads community workshops on black
gospel music and musical meditation, and conducts classes on using cognitive therapy and positive
affirmations to create and maintain a positive focus in a world of chaos. The divinely-inspired CD,
"Meditative Affirmations for Peaceful Positive Living," was birthed as a tool to help people regain balance
when life becomes chaotic. The soothing CD is finding acceptance in bookstores, churches, and with
massage therapists.

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