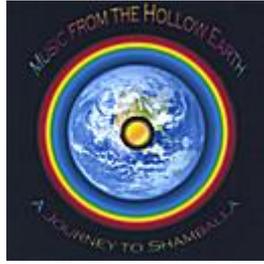


Mp3 Jack Barakitis/steve Canty - Music From The Hollow Earth



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Five years in the making of this first release. A Journey to the Hollow Earth. Ambient Meditative music written "in the moment". All songs were not rehearsed or modified from the original one take versions. Experience a journey to the Hollow Earth through 7 MP3 Songs NEW AGE: Healing, NEW AGE: Meditation Details: Five years in the making of this first release. A Journey to the Hollow Earth. Ambient Meditative music written "in the moment". All songs were not rehearsed or modified from the original one take versions. Experience a journey to the Hollow Earth through our perceptions and experiences. Each song creates a new auditory environment and brings an awareness that we are not alone in this Universe starting right here on Earth. A unique journey that changes as you change every time you listen to it. My journey started about 25 years ago when trying to decide on a book report due for my 7th grade class assignment. As I began my research to find a book of interest I found only one, Lost Horizon by James Hilton. The storyline of the book which also had a movie version from the late 30's contained a hauntingly familiar theme that I immediately connected with. The main character, a visionary, wrote about community living in ways only imaginable by a few minds. He was purposefully taken by secret to the Himalayan mountains where an indigenous tribe brought him and others to a place called Shangri-La. Shangri-La was a mystical place always warm and the inhabitants lived well into their hundreds. From this movie markers have emerged into my life hinting once again of this magical place called Shangri-La. By the early 90's I became actively involved in the healing arts learning at different schools ways to improve my quality of life through many practices including eastern and other ancient cultural practices. In every step of learning new modalities for better living, Shangri-La philosophies would once again fill my consciousness. My logical thinking coupled with skepticism created an environment for myself in which if I

didn't experience it personally then it's just a theory. It wasn't until I met a woman in Boston who introduced me to the healing practice of Shamballa. From this training and my recent massage licensure spawned a private practice in Newburyport MA showing others what I have learned in this pioneering field of energy therapies. It wasn't until fall of 2003 when I was introduced to the concept of the Hollow Earth theory that my interest and the next marker emerged. One of the major cities in the Hollow Earth is called Shamballa. Information about the Hollow Earth has been documented since the late 60's, many links come up when you search for it online. And yet I still considered this just that a theory. Through my research Shangri-La and Shamballa are the same place, even in recent movies starring Jude Law in Sky Captain and the World of Tomorrow Shamballa/Shangri-La were mentioned. In January 2004 I traveled to New York and met a woman who has written and published 3 books about her experiences and connection with the Hollow Earth inhabitants. It seemed all so amazing and yet still it was not enough to convince me to consider the possibility it was real. Interestingly enough March of 2004 while teaching a class in Hilton Head South Carolina I connected with a student who was part of a local Indian community right off island, he asked if I had heard of the sweat lodge ceremony and would I like to go. Curious and honored to be invited I went a week later. From there came more information about this sacred ceremony which is another story in itself. The key Shangri-la/Shamballa marker emerged when after lodge one night I asked the Lakota elder about the Hollow Earth theory. To my surprise his eyes widened and said his elders spoke of such people and mentioned the Hopi nation are well aware of this community!

So.....whether "by chance" or to finally convince me to at least accept the possibility of this theory came into existence for myself. About 5 years ago I met an talented musician named Steve Canty. He and I were introduced at an open mic Blues jam. He plays guitar, I play Hammond Organ. Within a short amount of time we began to collaborate on music projects and I had the opportunity to introduce to him the philosophies of Shamballa. The first recorded endeavor is this CD was a remarkable accomplishment. Steve and I played keyboards at the same time recording both mixed to an antiquated cassette system for the purpose of getting ideas down for pre-production. Something happened during those recordings that to this day we still are amazed. Our intention was to be in the moment and let the ideas flow then go back and collect what could be considered for a production song idea. When we listened back to the recordings it was then we realized something had been recorded unexpected. We called it different names because it was a different experience for the two of us. Other people who listened to it called it

something else and so on. What we learned from people who listened to the music easily personalized it to some form of Spiritual experience.... In 2001 we posted the songs on MP3 without really having an idea what we had discovered. Within 5 months we had over 5000 unique downloads and a license agreement from a movie director out in CA. Even with this type of response MP3 members for some reason didn't buy the album and the license agreement never solidified. Frustrated and skeptical of the whole project Steve and I shelved the songs and continued with other projects.... It wasn't until 2005 did I become aware of what Steve and I actually discovered back in those recording sessions in June of 2000. It was what I believe a journey to Shamballa. Call it imagination, channeling or communicating with space monkeys, Steve and I accidentally found a key, a gateway to thought patterns of this known civilization by the ancients to exist and still continue to this day to have a symbiotic relationship with all inhabitants existing on the surface of this planet. Crazy? You bet. Impossible? Decide for yourself. The artwork key located on the inside label and placed on the CD itself came to my consciousness in February of 2003. I was visiting family in Costa Rica, during my trip I spent one day facilitating energy sessions with my step mom's family who live in Santana. It turned out to be an extraordinary day of meeting locals and natives of the area. Gifts were exchanged from personal gratitude for the session work to understanding a new awareness of myself. In the healing arts I've learned that a "healing" session is for both the facilitator and client involved, we both create the environment to heal ourselves. When I returned to the states I received an incredible gift, a symbol which I call the gateway key. This key enhances and influences ones intentions. Still being my skeptical self I introduced the symbol to friends and family during sessions asking what they thought, the feedback and experiences were inspiring. For 2 years the gateway key has enhanced my practice and my personal journey of learning to be. After driving back from Colorado via South Carolina to New England this past July (6000 miles in my van) my prayers had been answered on what to do with this information. Ultimately when the CD and artwork came together I sat with Steve Canty and played the music with the gateway key printed on the CD. Steve is a friend who tells it like it is, so his opinion was vital. As the CD started playing we both looked at each other and started laughing. Our endeavors had come full circle. Steve started to get that glazed look in his eyes and said "magical". That's all I needed to hear... Five years in the making, from the meetings, to the creating, the skepticism, the journeys, the learning and the faith to introduce to everyone the fruits of our endeavors. A woven reality that we would Love to share with everyone we meet. All Aboard!!! Next stop, Shamballa Love and

Laughter Jack Barakitis jack@sos345.org

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