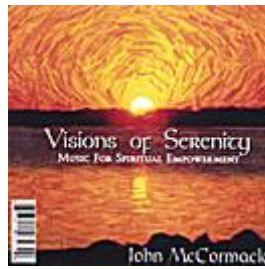


Mp3 John McCormack - Visions Of Serenity



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Energizing, revitalizing spiritual instrumentals ideal for a romantic evening, meditation or an anecdote for stress, and perfect to accompany a soothing massage or spa day. 11 MP3 Songs NEW AGE: Healing, EASY LISTENING: Mood Music Details: Visions of Serenity is perfect to accompany a soothing hour-long massage. This collection of spiritual instrumentals is ideal for a romantic evening or meditation. The album cover is a sunset from Tavernier, Florida and the inside jacket features a view to the north at Florida Bay from the same location, both from February, 2006. Stacy McCormack, Johns wife, captured these magical moments on film. John and Stacy have always found serenity in the Florida Keys. Stacy was responsible for the entire concept of this relaxation album and its design. Visions follows Johns first solo album, Peace Of Mind, also released in 2006, which meshes soulful sax, raw piano and gutsy guitar with a powerful progressive rock rhythm section. For over 28 years, John has played his raucous guitar-style sax throughout the Midwest and New York. John's influences are quite varied for a horn player, including Jimi Hendrix, Rush, Bob Marley, Santana, The Allmans, and of course, Charlie Parker. While based in St. Louis, John played drums and toured with Lost Idaho and played sax with I Don't Know, Green Eggs and Spam and Just Add Water, which were all mainstays on the St. Louis club circuit. Once back in New York City, John was a founding member of Souled Out, one of New York's top R&B/Soul bands and still rockin' well into its second decade, with other local projects including What It Is and Get On Up. You can catch John locally by visiting johnmccormack.net. All my love and thanks to my beautiful wife Stacy for all of her inspiration and support for Visions of Serenity and always.

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