Mp3 America's Diet, Inc. - Relax Aweigh Weight Loss Program



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Easy Weight Loss using guided physical and emotional relaxation. 3 MP3 Songs in this album (30:01) ! Related styles: SPOKEN WORD: Inspirational, SPIRITUAL: Inspirational Details: The founder of this program was looking for an easy way to lose weight after she quit smoking. She founded Relax Aweigh Weight Loss after trying every plan on the market. She has been using Relax Aweigh since 1979!!! Try Relax Aweigh, simply the easiest way to lose weight. Relax Aweigh uses light self hypnosis to give you self control. No other weight loss plan in the world can offer you self control.

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