

Mp3 Michael Stearns - Sustaining Cylinders



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Two of Michael Stearns' earliest pieces. They were not designed to play as music, to engage the mind and emotions, but rather as textural meditative backgrounds, as a sonic context for personal explorations. 2 MP3 Songs in this album (61:09) ! Related styles: NEW AGE: Meditation, NEW AGE: Self-Help People who are interested in Vangelis Steve Roach Vidna Obmana should consider this download. Details: This music by ambient maestro Stearns dates back to 1977. Here, its 61 minutes are remastered and reissued on CD in 2001. This experimental ambient music is delivered in a pair of tracks, each just over 30 minutes in length. The title track was generated on a 20-tone set of vibes (the Eikonsany), resulting in a languid flow of calming tonalities of ultimately relaxing quality. The track "Sleeping Conches" was performed mainly on kitchen pots and pans, then processed electronically until the sounds deceptively mesh with the lazy crash of a Pacific surf. Expect no banging din here, for these kitchen instruments have been decelerated and transformed into extremely liquid bell tones. Both pieces are designed to function as a sonic context for personal explorations. There is minimal melody, and the music is texturally atonal. Intended as soundscapes for meditation, both pieces are low and generally uneventful, maintaining just the proper level of sound required to stimulate subconscious hypnotic but not engage active thought or emotions. Matt Howarth / Sonic Curiosity

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