

Surviving Infidelity - Rona B. Subotnik

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Nothing your marriage has sustained in the past compares to the pain of discovering that your spouse has been unfaithful. The betrayal, rage, sadness, and jealousy is unlike anything you've experienced before. And yet it is possible to move forward, decide what to do in your marriage, and most important, heal. For more than ten years, Surviving Infidelity has been offering sage advice and compassionate, nonjudgmental analysis. Based on the private practices of licensed marriage and family therapist Rona B. Subotnik and clinical psychologist Gloria G. Harris, Ph.D., this third edition has been completely updated and gives you strategies to understand the different kinds of affairs and why they happen, including Internet and emotional affairs; cope with your emotions, from grief to rage; repair the marriage if you choose to; learn what it takes to be a survivor; and more. Surviving Infidelity, Third Edition brings you the new hope and the empathy you need in this difficult time. Author: Subotnik, Rona B. Publisher: Adams Media Illustration: N Language: ENG Title: Surviving Infidelity Pages: 00240 (Encrypted PDF) On Sale: 2010-10-30 SKU-13/ISBN: 9781593374808 Category: Family & Relationships : Marriage

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