

Mp3 Randi Solomon - Power Up



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The rhythmic drive of these original songs (at 140-150 beats per minute) will keep your workout movin' at a fast and motivating pace. 1 MP3 Songs in this album (31:21) ! Related styles: ELECTRONIC: Hi-NRG
Details: Randi Solomon, composer/writer/producer, started her career in fitness music and that remains her focus today. The result of Randi's creativity and passion can be heard in the thousands of songs she has produced that appear on TV, DVD and video series, and CDs. Her tracks are used in group exercise classes and for walking, cardio, kickboxing, yoga, Pilates, strength training and cycling.

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