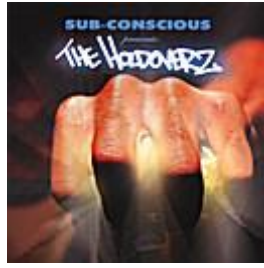


Mp3 Sub Conscious - The Holdoverz



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The future of Hip-hop stated by The Washington Post: The Holdoverz is a must to any Hip-hop lover. A gift for the mind, body & soul. 18 MP3 Songs HIP HOP/RAP: Hip Hop, HIP HOP/RAP: East Coast Details: Anyone who has seen this Emcee live or heard his material should understand the height of his caliber. His first effort on wax surfaced in 2000 on Yeshua Da PoEDS label Head Bop Music. But Sub-Conscious began his apprenticeship to lyricism way earlier than that, and to say the least, he is truly dedicated to his craft. This Brooklyn born, Manhattan raised Emcee came on to the rap scene during De La's day and witnessed the birth of all types of styles from Heiro to Wu-Tang. He began trying his hand at it in 1992 with three friends in High school. Through ciphers after class and countless demo songs the foursome joined forces to form the crew Sight Beyond Light. During these years his experiences with lyricism as well as spoken word and poetry influenced him to become diligent with writing. But it was his crew's debut full length Full Spectrum Analysis (released on Low Tech Records in 97) that convinced Sub-Conscious to pursue Hip-Hop music seriously. Sub- began making his presence known in NYC's underground circuit in 95. Once he got comfortable with some stage presence in 97 he began on the quest every Emcee trying to make a name for himself without catalog embarks onto become a battle champion. He won a handful of local battles in 98 then stepped up to become the only three-time champion of NYS most elite battle at the time called Braggin Writes. He won it in both NY and Philly. He took Ls at the Blaze Battle in 99 and Scribble Jam 00 but the publicity still served him well. In 01 he won End of the Weaks Challenge of Champions which is the Emcees strong man competition with five categories to be judged in. This year he became the only New York Emcee to ever make it to the finals of Boston's Super Bowl Battle. The wars he waged created the buzz he was looking for and lucky for him he knew battling was only the first stepping stone on the climb to becoming a respected Emcee. He says it was his Loss at the Blaze Battle

that helped him re-focus. Soon after the debut single Pushin Orbitz was released in 00 Sub- released another single with SBL called New Beginnings on Low Tech. His solo effort landed in the hands of DJ Logics manager and earned him a spot on an album called The Anomaly on Rope-a-dope records. Later that landed him 10 gigs on the west coast leg of Logics tour. He dropped a verse on Blowouts Verses vs. Beats and also did the theme joint to the Angels and Insects project that dropped last year. Since then he has collaborated with the likes of The Dub pistols in London, DJ Spier and Oktober, Breezly Bruin from Juggaknots and others. Also Lyric Luverz DELUXE!!!/The Deep Dish Thesis on Low Tech. Bobbito Garcia released the first single off the project on his new label Fruitmeat. His most current projects "The holdoverz" and "sub talk" released in 2006 are a must for any Hip Hop lovers. Sub-Conscious has a presence and a style that truly brings something unique to the table. His skills on wax have escalated relentlessly and his future projects are definitely worth watching for.

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