

Today's Gift: Daily Meditations For Families - Anonymous

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This is the book from which thousands enjoy a Thought for the Day each day on Hazelden's homepage. Each family member is both an individual and a part of a larger unit. The tensions and joys that can help a family care for all its members are explored in these 366 meditations that nurture family esteem and strengthen family bonds. These meditations help us consider topics like harmony, sharing, individuality, trust, privacy, and tolerance. The readings in Today's Gift nurture self-esteem by encouraging discussion, self-expression, and respect. Insightful, challenging, and caring quotations -- from ancient proverbs, nursery rhymes and cartoon characters, and from figures such as William Blake, Anne Frank, Tillie Olsen, Albert Einstein, Erma Bombeck, M. Scott Peck, and many more -- are accompanied by a thoughtful reflection and an inspiring affirmation. Author: Anonymous Publisher: Hazelden Illustration: N Language: ENG Title: Today's Gift: Daily Meditations for Families Pages: 00400 (Encrypted EPUB) On Sale: 2010-02-19 SKU-13/ISBN: 9780894863028 Category: Self-Help : Affirmations Category: Self-Help : Meditation Category: Family & Relationships : Family Relationships

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