

# Mp3 Paul Avgerinos - Balancing Spheres



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Come take a soaring, intimate journey of fantasy and reflection, traveling from the outer reaches of the universe back home to the inner comforts of the heart, exploring other realms, awakening the Body, Mind and Soul. 5 MP3 Songs NEW AGE: New Age, ELECTRONIC: Soundscapes Details: Night Illusions, Day Dreams...At night we dream, traveling to other realms. In day we practice living, awakening the Body and the Mind. Two parts to the whole reality. Two moments of surrender. Ascend from stillness up to the seat of love where we see the universe through the eyes of contentment. Vast star systems undulate in perfect order and reveal the real beauty of the cosmos. Why not the human soul? When Paul Avgerinos graduated from the Peabody Conservatory of Music in 1980, as a full scholarship honors student, he had already performed as a bassist with Isaac Stern, Jean Pierre Rampal, The Beaux Arts Trio, Baryshnikov and many other great classical artists. He also has won scholarships to play and study at music festivals in Tanglewood, Aspen, Grand Teton, Taos, and Spoleto (Italy). After graduation, Paul served as principal bass of several major symphony orchestras around the world, and gave solo recitals as well. Expanding into more popular genres, Avgerinos toured as a bassist with Charles Aznavour, Liza Minelli, and the jazz legend Buddy Rich. Seeking to further his original composition and develop his childhood passion for electronic music, Paul built Studio Unicorn, a comprehensive digital/analog recording studio, in 1984. Eight solo CDs in the new age genre followed, including Muse of the Round Sky which was nominated for a Grammy. Paul's music is played on more than 2,000 radio stations around the world ; Sirius DX Satellite Radio , Music Choice Cable and syndicated shows such as Music from the Hearts of Space and John Diliberto's Echoes. Two thirtyminute features with the latter are added to his credits along with his many other radio interviews. He has appeared on five sampler CDs and as a guest artist on albums by Joanie Madden, Faruk Tekbilek, Joaquin Lievano, Brian Keane and others. Paul records and produces

many popular albums as well and has worked with artists as diverse as "Run DMC," "Richie Havens," and "Jewel." Avgerinos always makes time for scoring and has worked on over fifty film, TV, and cable projects for HBO, PBS, and Lifetime, among others. Paul just received his second Grammy Nomination for his work on Peter Kater's Red Moon album , And has become a voting member of the Grammy Recording Academy . Keeping busy creating original music for a variety of interesting and rewarding projects is a way of life. Currently, he lives and works in his Studio Unicorn in Redding, Connecticut, where the deer pass by his studio windows and the hawks and eagles give inspiration from above.

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