

Thanking & Blessing-the Sacred Art: Spiritual Vitality Through Gratefulness - Jay Marshall

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Much more than a simplistic attitude of "don't worry, be happy," the intentional practice of thanking and blessing can transform your life from the inside out. From profound insights on the beliefs that keep us chained to discontent, to highly practical suggestions for crafting a lifestyle filled with thanking and blessing, Jay Marshall guides you through this uniquely powerful spiritual path that will change the way you see the world-and change the way you live. Author: Marshall, Jay Publisher: SkyLight Paths Illustration: N Language: ENG Title: Thanking & Blessing-The Sacred Art: Spiritual Vitality through Gratefulness Pages: 00000 (Encrypted EPUB) On Sale: 2007-10-01 SKU-13/ISBN: 9781594732317 Category: Self-Help : Spiritual Category: Body, Mind & Spirit : Spirituality - General

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