Mp3 Oasis Of Inner Light - Chakra Meditation For Men



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Unique Australian guided meditation featuring the soothing voice of meditation guru Mietha and an eclectic mix of contemporary and indigenous Australian music from composer Suzanne Hibbs. 1 MP3 Songs in this album (20:10) ! Related styles: NEW AGE: Self-Help, NEW AGE: Meditation People who are interested in David Hudson Deepak Chopra Louise Hay should consider this download. Details: About CD This journey of visualization is designed as an instructional working tool for cleansing and balancing your chakras, hence cleansing and balancing you. This tool may help you maintain the balance of your physical, mental, emotional, and spiritual bodies. This 20 minute meditation is designed specifically for men and is especially useful for those that live extremely busy lives. About the Artists Mietha is an aboriginal womyn of the Bundjalung Language Group from Northern New South Wales. She is inspired by spirit to co-create the spoken meditation and together with the magic of Brethnaes musical expertise they have created a uniquely Australian brand of working meditations.

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