

Rugger Practice And Tactics - A Manual Of Rugby Football Technique - H. Macdonald,

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Originally published in 1938, this book is a comprehensive manual of rugby technique and tactics. Well illustrated throughout with photographs and diagrams, this still contains much of practical use to the modern reader. Contents Include: Individual Practice; Dribbling; Tackling; Kicking; Passing; Body-Swing and Running with the Ball; Combined Practice; The Forwards; The Tight Scrum; The Loose Scrum; The Line Out; Forwards in Defence; Forwards in Attack; The Backs; The Scrum-Half; The Stand-off Half; The Three-quarters, The Centres; The Three-quarters, The Wings; The Full-back; Combined Attack; Combined Defence; Miscellaneous; Clothing, Training, etc; Refereeing and Touch-judging; Learning From Example. Author: MacDonald, H. Publisher: Hesperides Press Illustration: N Language: ENG Title: Rugger Practice and Tactics - A Manual of Rugby Football Technique Pages: 00164 (Encrypted EPUB) On Sale: 2013-04-16 SKU-13/ISBN: 9781406797190 Category: Sports & Recreation : Rugby

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