Mp3 Sig Paulson - Movies And Magazines



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American Folk-Rock. R B, country and jazz are all backgrounds for these songs or postcards... these "Movies and Magazines" from this Oregon based singer/songwriter to you. 13 MP3 Songs POP: Folky Pop, FOLK: Modern Folk Details: Biography Sig Paulson. Born San Jose, California 1952. Inspired by Bob Dylan, the Beatles, and the pop music movement of the 60's. He started guitar lessons at age 10 and writing his own songs at 13. After moving to Salem Oregon in 1969 he joined "Mother Goldfarb's Original Easy Sleaze Jug Band" playing local Coffee Houses. After graduating from high school and a stint in the U.S. Air force he moved to Eau Claire Wisconsin and started playing professionally. His first band "Oughtamobile" was formed with Air Force buddy Doug Stanton. "Oughtamobile" crashed and Sig joined the "Tingler Band" which traveled Wisconsin, Minnesota, North and South Dakota, Illinois, Iowa, Michigan and Wyoming playing country rock music. One album of original material was recorded at Stevens Point Wisconsin. In 1979 "Tingler" disbanded and Sig moved back to the Portland Oregon area and joined "Out on Bail" which played original and cover rock tunes. In 1980 he formed "Sig and the Sahibs" a five-piece rhythm and blues band in Salem, covering soul and Motown hits as well as original material. The Sahibs were very popular and together in various forms for over five years. He recorded and produced one album with the Sahibs titled, "I'm so Shy" then went on to replace original Canned Heat Lead guitarist Henry Vestine in James Thornebury's "James T. and the Tough" out of Eugene. When James and Henry were called up for a reformation of "Canned Heat" Sig headed up another Rhythm and Blues outfit, "The Mojos". He also began performing solo regularly and incorporating a lot more of his original material into his shows. In 1994 the very successful children's recording "Thank My Lucky Stars" was released and the Christmas album "Greetings from Christmasville" followed shortly thereafter. On the heels of those releases Sig was a member of several "roots music" bands and worked as a solo singer-songwriter in

coffee houses and taverns throughout Oregon, Idaho and California. In 1999 Sig was hired by the Portland based animation company Flying Rhinoceros to write six educational songs which can be heard on the "Farmer Bob" page of the Flying Rhinoceros website. In 2001 Sig attended the Alaska Songwriters workshop in Palmer Alaska. The instructors were Stacey Earle and Mark Stewart, Chris Smither and Steve Forbert who's song "Romeo's Tune" made it into the top twenty in 1980. Forbert helped Sig rewrite two songs and offered invaluable insight in a one on one mentoring session. In 2002 Sig teamed with producer Julian Snow and released "Movies and Magazines" twelve musically and lyrically strong original songs that display a range of emotion from reflective and romantic to shamelessly straightforward R&B fun. In 2004 Sig was a finalist in the Mary Hill Winery Songwriter's Competition. In July 2005 Sig completed his second solo album "Tangled In My Roots". Produced by Sig and Don "Fuzzy" Purcell, "Tangled In My Roots" features saxophone by jazz and R B great Patrick Lamb, guitar by Orvil Ivie and back up vocals by Dan and Kristen Wetzel of the popular bluegrass band "True North" and members of the funky bluesy band "Blind Driver". Please check out Sig's website at: sigpaulson.com.

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