

The Everything Root Cellaring Book - Catherine Abbot

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What could be better than fresh produce all year round? Tired of your produce going bad before you have a chance to use it? There's an old-fashioned solution: Store fruits and veggies in a root cellar! The Everything Root Cellaring Book provides you with step-by-step plans on how to build a root cellar--or utilize the one you've got. Professional farmer Catherine Abbott teaches you: How to effectively organize your root cellar; Where to store fruits and vegetables in unconventional places; What the best fruits and vegetables are for storing; Ways to preserve, dry, and freeze a variety of foods to enjoy all winter long; Recipes for fresh fruits, berries, veggies, and herbs to cook all year round. Featuring illustrations for building root cellars as well as a full nutritional breakdown for all 150 recipes, you'll love this comprehensive guide. Before long you'll know how to provide yourself and your family with great nutritious foods all year long! Author: Abbot, Catherine Publisher: Adams Media Illustration: N Language: ENG Title: The Everything Root Cellaring Book Pages: 00304 (Encrypted PDF) On Sale: 2010-12-31 SKU-13/ISBN: 9781440504686 Category: Cooking : Methods - Canning & Preserving

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