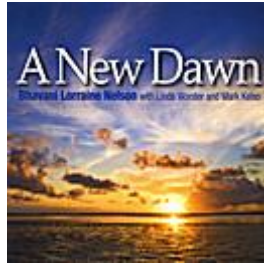


Mp3 Bhavani Lorraine Nelson - A New Dawn



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...uplifting and soul-searching songs in which [Bhavani's] rich voice glows against a tapestry of musical accompaniment by Linda Worster, David Grover, Mark Kelso and others. -- Tresca Weinstein, editor Yoga Bulletin of the Kripalu Yoga Teachers 14 MP3 Songs in this album (51:58) ! Related styles: FOLK: Gentle, FOLK: Alternative Folk Details: NOTES ABOUT THE ALBUM Here are songs for dancing and daydreaming, relaxing and renewing. Songs about limits and limitlessness, songs of joy and of the journey. They're definitely songs to sing along with mostly written by me, but also some that I love by others. You may see a lot of me in this album and you may find a good deal of yourself as well. Mostly, I'm hoping you enjoy it as much as we enjoyed making it. Peace and blessings. Bhavani REVIEWS ...uplifting and soul-searching songs in which [Bhavani's] rich voice glows against a tapestry of musical accompaniment by Linda Worster, David Grover, Mark Kelso and others. -- Tresca Weinstein, editor Yoga Bulletin of the Kripalu Yoga Teachers Association Bhavani's clear, warm voice touches your soul, the lyrics fill your heart with joy and hope, and the combination transports you to places of inexplicable beauty. -- B. Bothwick, holistic therapist BHAVANI'S BIO Since the 1960s, Bhavani Lorraine Nelson has been a professional singer/songwriter in the folk idiom, performing in concerts and clubs in major cities in the US, Europe, Mexico, Japan, and Iceland. Her heart-opening performances soothe and inspire audiences of all ages. She discovered Sanskrit chanting through Ram Das in 1970 and has since practiced and led both Sanskrit and ecumenical chanting in worship services in churches and other venues. Bhavani has produced several albums of songs, chants, and sounding experiences, as well as a CD of meditation instruction. Bhavani also offers experiential workshops throughout the world from her home base at Kripalu Center for Yoga and Health in Lenox, MA, with which she has been aligned since 1988. She teaches workshops on the power of the voice, including sounding, singing, chanting, sound

healing, and public speaking, as well as many kinds of meditation and yogic tools to transform stress. She has conducted inspirational seminars, sounding experiences, and vocal coaching in educational, medical, corporate, and religious settings.

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