

The Ghost Hunter's Survival Guide - Michelle Belanger

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Chasing the unseen has become a popular pastime but most ghost hunters are unaware of the very real harm that can be done by malevolent human spirits, non-human entities, and a host of astral parasites. This guide from medium and paranormal investigator Michelle Belanger features proven protection techniques-and for the skeptics out there, highlights how the methods also work on a psychological level. You'll get straightforward instruction on arming yourself with an array of essential techniques: Perform psychic cleansings Remove attachments Protect dreams Shield spaces Ward to protect a home Remove and bind spirits Cope with spirit possession Woven through each chapter is a gripping, true account of a ghost investigation conducted by Belanger, which provides a framework for understanding when to use these potent defense strategies. "Michelle Belanger is without a doubt the go-to person for paranormal enthusiasts looking to learn more."Ryan Buell, founder of the Paranormal Research Society "I highly recommend this book to all those who truly wish to gain respect as a ghost hunter of integrity."Brad Steiger, author/coauthor of 170 books on paranormal and metaphysical subjects, includingReal Ghosts, Restless Spirits,andHaunted Places "I certainly never thought I needed a book like this, but Michelle has lots of practical advice that even we skeptics can use to keep our heads in order."Adam Selzer, author ofYour Neighborhood Gives Me the CreepsAuthor: Belanger, Michelle Publisher: Llewellyn Publications Illustration: N Language: ENG Title: The Ghost Hunter's Survival Guide Pages: 00288 (Encrypted EPUB) On Sale: 2010-11-01 SKU-13/ISBN: 9780738718705 Category: Body, Mind & Spirit : Supernatural

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