

# Internal Family Systems Therapy In Clinical Practice

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Internal Family Systems therapy, or IFS, is widely recognized as one of the most compassionate and comprehensive psychotherapies available. Its non-pathologizing approaches to behavior, consciousness, and personality have been adopted by clinicians around the world, but with the exception of Richard Schwartz's foundational introductory text, few texts give clinicians the information they need on adapting the IFS framework to patients' complex and diverse needs and circumstances. Internal Family Systems Therapy changes that. The chapters focus on topics common in therapists' practice, and each provides both a refreshing approach to sometimes-thorny issues, and clear, practical guidance for how best to explore them in treatment. For any practitioner interested in learning about this vital, vibrant form of therapy, Internal Family Systems Therapy is the perfect introduction. For clinicians already part of the IFS community, this book is bound to become one of the most essential tools in their toolbox. CE credit is available to purchasers of this book at [mensanapublications.com](http://mensanapublications.com). Publisher: Routledge Illustration: N Language: ENG Title: Internal Family Systems Therapy in Clinical Practice Pages: 00232 (Encrypted EPUB) / 00232 (Encrypted PDF) On Sale: 2013-03-20 SKU-13/ISBN: 9780415506830 Category: Psychology : Psychotherapy - Couples & Family Category: Psychology : Mental Health

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