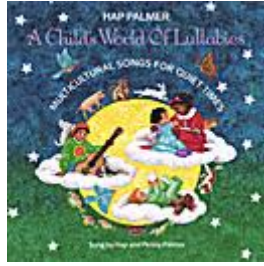


# Mp3 Hap Palmer - A Child's World Of Lullabies-multicultural Songs For Quiet Times



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Gentle lullabies weave a theme of appreciation and respect for the diversity of life on earth including animals, plants and people from many lands. 12 MP3 Songs KIDS/FAMILY: General Children's Music, KIDS/FAMILY: Kid Friendly Details: National Parenting Publications Gold Award from L.A. Parent Magazine A CHILD'S WORLD OF LULLABIES! - Multicultural Songs for Quiet Times. Hap Palmer. Hap-Pal Music, HP105 Ages 2-5 Hap Palmer's lilting and comforting voice, blended with beautiful musical arrangements, will quiet and calm listeners of all ages. Hap combines original songs, such as "Old Rocking Chair" "A New World to Explore" and "Counting Miracles," with traditional lullabies from many cultures. By using musical instruments from around the world, Hap takes the listener on a melodic journey into a variety of ethnic heritages: "Bamboo Flute" (China), "Chippewa Lullaby" (Chippewa-Native American), "Hush Little Baby" (England/Appalachia) and more. L.A. Parent Magazine Vol. 14, No. 1 Description These gentle songs weave a theme of appreciation and respect for the diversity of life on earth including animals, plants and people from many lands. This theme of diversity is reflected in the variety of musical styles; melodies from serene to tenderly spirited created a loving environment in which children can sing together, play quietly or peacefully drift off to sleep. Hap's original compositions Counting Miracles, Spinning on the Same Ball, A New World to Explore, Old Rocking Chair and Sleep On (based on a melody by Brahms) are combined with lullabies from many lands: Sleep My Baby (Nigeria), A La Nanita Nana (Spain), The Bambo Flute (China), Chippewa Lullaby (Native American), Hush Little Baby (England/Appalachia), All Night All Day (African American Spiritual) and Dormite Niito (El Salvador). The soothing voices and rich harmonies of Hap and his sister Penny are accompanied by the sounds of acoustic guitar, piano, string quartet, woodwind ensemble, mandolin, dobro, fiddle and accordion.

Children also learn about the music of many cultures by hearing the sounds of instruments from around the world: from China, the bamboo flute and gu-jen (Chinese harp); from Spain the Spanish guitar; from France the celesta; and from Nigeria the shekere, kannago and dundun. Native American instruments include the Chippewa flute, North American council drum, tarahuamara drum, chicahuasti and Yaqui dance belt. Children will be fascinated by this mixture of sounds and rhythms which provides a peaceful transition between play time and quiet time.

**Lyrics**

**Counting Miracles**

**Words and Music: Hap Palmer**

How many stars are up in the sky? How many grains of sand on the shore? How many fish swim down in the sea? "Tho we may count there will always be more

**Chorus:** We could count miracles all night long, One by one On and on we would never be done So go to sleep, my little one How many blades of grass in the field? How many birds fly up in the air? How many shells on the ocean floor? Lifes many wonders abound everywhere

**Repeat Chorus** How many berries hang on the vine? How many seeds does the spring breeze sow? How many leaves are up in the tree? Just when we know more new ones will grow

**Repeat Chorus** Go to sleep, go to sleep Go to sleep, my little one For one thing I know is true The sweetest miracle is you Yes, one thing I know is true The sweetest miracle is you

**Hush Little Baby** Traditional -

**Additional Words and Music: Hap Palmer**

Hush little baby don't say a word Papa's gonna buy you a mockingbird And if that mockingbird don't sing Papa's gonna buy you a diamond ring And if that diamond ring is brass Papa's gonna buy you a looking glass And if that looking glass gets broke Papa's gonna buy you a billy goat Papa's gonna buy you, Papa's gonna buy you Papa's gonna buy you a billy goat And if that billy goat don't pull Papa's gonna buy you a cart and bull And if that cart and bull turn over Papa's gonna buy you a dog named Rover And if that dog named Rover don't bark Papa's gonna buy you a horse and cart And if that horse and cart fall down You'll still be the sweetest little baby in town Still be the sweetest, still be the sweetest You're still the sweetest baby in town

**Sleep My Baby** Lullaby from Nigeria

Sleep, my baby, near to me Lu, lu, lu- lu, lu, lu- Close your velvet eyes Far away in their nest Baby birds flutter down to rest High in the trees far from harm Tiny monkey sleeps Deep in his mother's arms Sleep, my baby, near to me Lu, lu, lu- lu, lu, lu- Close your velvet eyes

**A La Nanita Nana** Spanish Folk Melody

**English Words Hap Palmer** A la nanita nana, nanita ea, nanita ea- Mi nina, tiene sueno bendito sea, bendito sea Sounds of the night surround you A soft breeze is blowing Nearby the little fountain Is sparkling and flowing Hush while the cradle's swaying Swaying and swinging Listen and hear the song of the Nightingale singing A la nanita nana, nanita ea, nanita ea- Mi nina, tiene sueno bendito sea, bendito

sea All Night, All Day African American Spiritual Additional Words: Hap Palmer Chorus: All night, all day  
Angels watchin' over me, my lord All night, all day Angels watchin' over me - Now I lay me down to sleep  
Angels watchin' over me, my lord Pray the Lord my soul to keep Angels watchin' over me - Repeat  
Chorus Bless this precious earth we share Angels watchin' over me, my lord Land and water, plants and  
air Angels watchin' over me - Bless each home and family Angels watchin' over me, my lord Help us all  
sleep peacefully Angels watchin' over me - Repeat Chorus Chippewa Lullaby Chippewa - Native  
American Lullaby Pine tree gently sigh Sing a lullaby For my baby Little brooklet flow Murmur soft and low  
For my baby Breezes come and sing Let the cradle swing For my baby Spinning On The Same Ball  
Words and Music: Hap Palmer Somewhere boys and girls in a far off land Are waking up just as we say  
goodnight They may not look like you or do the things you do But within we're very much alike The  
sadness in a tear, the comfort of a hug Are feelings every child can understand And laughter is a sound  
known the world around The meaning is the same in every land Chorus: 'Cause we're all spinning on the  
same ball Sailing through the same vast space We're all spinning on the same ball Living in the very  
same place Hunger knows no language, thirst no boundary They feel the same wherever people live And  
a simple act of care, can happen anywhere We see the need and take the time to give Repeat Chorus  
'Tho we learn to talk to God in different ways The need to find life's meaning is the same God looks with  
equal grace on every color face And answers prayers to many different names Repeat Chorus Yes, we're  
living in the very same place A New World To Explore Words and Music: Hap Palmer What do you see,  
my baby, What do you see, my love? Are you looking out the window At the stars above? Do you see the  
paintings Hanging on the wall? Or your Teddy bear up on the shelf Beside your bright blue ball? All the  
world is fresh and new A mystery to you But now it's time to sleep, my dear Knowing I'll be near Chorus:  
Close your eyes Let me rock you off to sleep, A peaceful slumber calm and deep, Keep you safe through  
the night, To greet the morning light Close your eyes Tomorrow is a bright new day The sun will send a  
golden ray Wake you up in the morn With a new world to explore What do you see, my baby? Innocent  
eyes aglow What you spy with open wonder I may not always know Do you see your dolly Lying on the  
rug Or that spider as she weaves her web To catch a flying bug? All the world is fresh and new A mystery  
to you But now it's time to sleep, my dear Knowing I'll be near Repeat Chorus: Close your eyes, close  
your eyes Close your eyes, close your eyes Old Rocking Chair Words and Music: Hap Palmer Lean back,  
snuggle in my lap Tonight let's take time to share Quiet sounds and peaceful sights Outside in the old

rocking chair Chorus: We're rocking, we're rocking We're rocking tonight Rocking, we're rocking Beneath the moonlight Dusk covers the valley Stars slowly come into sight Birds chatter among the trees Before saying goodnight Crickets sing a merry song The night breeze whispers a prayer Nature plays her lullaby Heard from the old rocking chair Repeat Chorus Shadows dance across the porch Cast by the heaven's soft glare Rich designs of rustling leaves Surround the old rocking chair Repeat Chorus Wood weathered by years of use Seat tattered and worn with wear But lean back in those aging arms And no place can compare Yes lean back in those aging arms And no place can compare Bambo Flute Lullaby from China From the bamboo mother makes a flute, Bamboo flute for baby small Held in little hands, Pressed to rosy lips, Lilted melodies rise and fall Lu, lu, lu, lu, melodies rise and fall Lu, lu, lu, lu, sleepy heads nod and fall Dormite Niito Lullaby from El Salvador Dormite, niito; no llores chiquito Vendrn angelitos las sombras de noche. Rayitos de luna, rayitos de plata Alumbran mi nio que est en la cuna. Rayitos del sol el cielo azul Dejan dormir y empieza vivir. Dormite, niito, con ojos diamantes Estrellas brillantes florido el cielo Now sleep, little baby; don't cry, little darling The angels are coming with shadows of evening The rays of the moonlight spin fine threads of silver To shine on my baby asleep in the cradle The rays of the sun, the blue of the sky Will wake you from dreams when morning is nigh Now sleep, little baby, with eyes bright as diamonds And brilliant as starlight that shines from the heavens Note: in this lullaby from El Salvador, the word "dormite" is traditionally used instead of the word "duermite" Sleep On Music: Johannes Brahms - Additional Words and Music: Hap Palmer The flowers all sleep soundly Beneath the moon's bright ray They nod their heads together And dream the night away The rustling trees wave to and fro And murmur soft and low Sleep on; sleep on; sleep on, my little one The birds sleep in the branches The horse lies in the hay, The dolphins say goodnight Floating peacefully in the bay The bear is snuggled in its den The pig sleeps in the pen Sleep on; sleep on; sleep on, my little one The hens sleep in their house Roosting quietly in a row The mice out in the field Burrow down in the earth below The monkeys sleep up in a tree The fish down in the sea Sleep on; sleep on; sleep on, my little one The baby kangaroo Snoozes safe in its mother's pouch The dog is dozing off Curled up by the parlor couch The weary turtle slides inside It's cozy shell to hide Sleep on; sleep on; sleep on, my little one The camels slumber under A star filled desert sky The cat lies on the rug While her kittens sleep nearby The drowsy cows sleep peacefully Underneath the tree Sleep on; sleep on; sleep on, my little one About the Author Hap Palmer, educator and singer/songwriter, is an innovator in the use of music and movement to teach basic skills and

encourage the use of imagination and creativity. He has been referred to by Parents' Choice as the dean of children's music. For over twenty years his recordings have been widely used in schools and day care centers. A songwriter, musician, singer, dancer and educator, he conducts workshops and presents concerts throughout the nation. He has taught courses for various education extension programs, participated in volunteer programs for the Los Angeles Unified School District and directed classes in creative movement for children, physical fitness, and tap dance. He has also performed with the UCLA Dance Company, and the Pierce College Dance Theater. His educational background includes an M.A. in Dance Education from the University of California at Los Angeles. His recordings and videos have received numerous honors including the Parents' Choice Award, the American Library Association Notable Recording designation, the American Library Association Best of the Best for Children, the National Parenting Publications Award, the Early Childhood News Directors Choice Award, and the American Video Award. Produced by: Hap Palmer, Miriam Mayer Arranged by: Miriam Mayer Vocals: Hap Palmer, Penny Palmer Vocal Arrangements: Hap Palmer Engineer: John Slattery Recording Consultant: Tom Perry Piano: Steve Kaplan Acoustic, Classical and Electric Guitars: Grant Geisman Spanish Guitar: Steve Carnelli Acoustic Guitar: Hap Palmer Bass, Acoustic Bass: Jim Garafalo Drums: Tom Walsh Violins: Peter Kent, Robin Lorrentz Viola: Tom Tally Cello: Matt Cooker Fiddle: Miriam Mayer Nigerian Percussion: Francis Awe Chippewa Flute, Native American Percussion: Guillermo Martinez Accordion, Celeste, Piano: Doug Legacy Gu-Jen: Hui Zhao Flute, Bamboo Flute: Suzanne Teng Flute, Oboe, Clarinet: Jon Kip Spanish Consultants: Oscar Contraras, Raphael Juarez Designed and Illustrated by: Carol Schumacher Onaitis Guide Editor: Paula Benjamin Little All Songs 1993 Hap-Pal Music, Inc. Hap-Pal Music. All rights reserved. These songs and activities are for the personal use of parents and teachers only. No part of this publication may be reproduced, stored in a retrieval system or transmitted, in any form or by any means - electronic, mechanical, photocopying, recording or otherwise, without the prior written permission of the publisher. Hap-Pal Music, Box 323 Topanga, CA 90290 e-mail: hap@netwood.net

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