## Mp3 Shawndeya - Spirit Of Nature Volume 7



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Lush nature sounds combine with flowing silver flute and soothing harp to provide a rich soundscape connecting the healing power of gentle music and nature 12 MP3 Songs NEW AGE: Healing, NEW AGE: Ambient Details: The healing power of nature cannot be overlooked in creating healing music. The nature sounds here add to the harmony and beauty of gentle harp and flowing flute improvisations by Shawndeya. The 12 pieces on this CD are approximately 5 minute excerpts from the original 30 minute pieces created to accompany the Spirit of Nature musical greeting card series. Each selection has a lovely array of bird song and water sounds. Some have frogs, crickets, cicadas. This CD has a stunning variety of nature sounds and musical interest. Listeners with chronic stress or anxiety benefit greatly from this soothing CD which can be used as background music for any activity. For those who love the outdoors, or do not have the time or cannot renew themselves in nature this album is a refreshing treat. We all know it is important to eat vegetables for health but we must also remember it is also important for our health to experience nature and connect with the natural life of Mother Earth. Shawndeya has devoted many years to fulfill her aspiration to be a healing musician. Besides recording and performing soothing music, she has applied principles of creativity to create self help CD's for pregnant women, new mothers, and others to provide holistic healing tools to serve beyond the music alone.

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