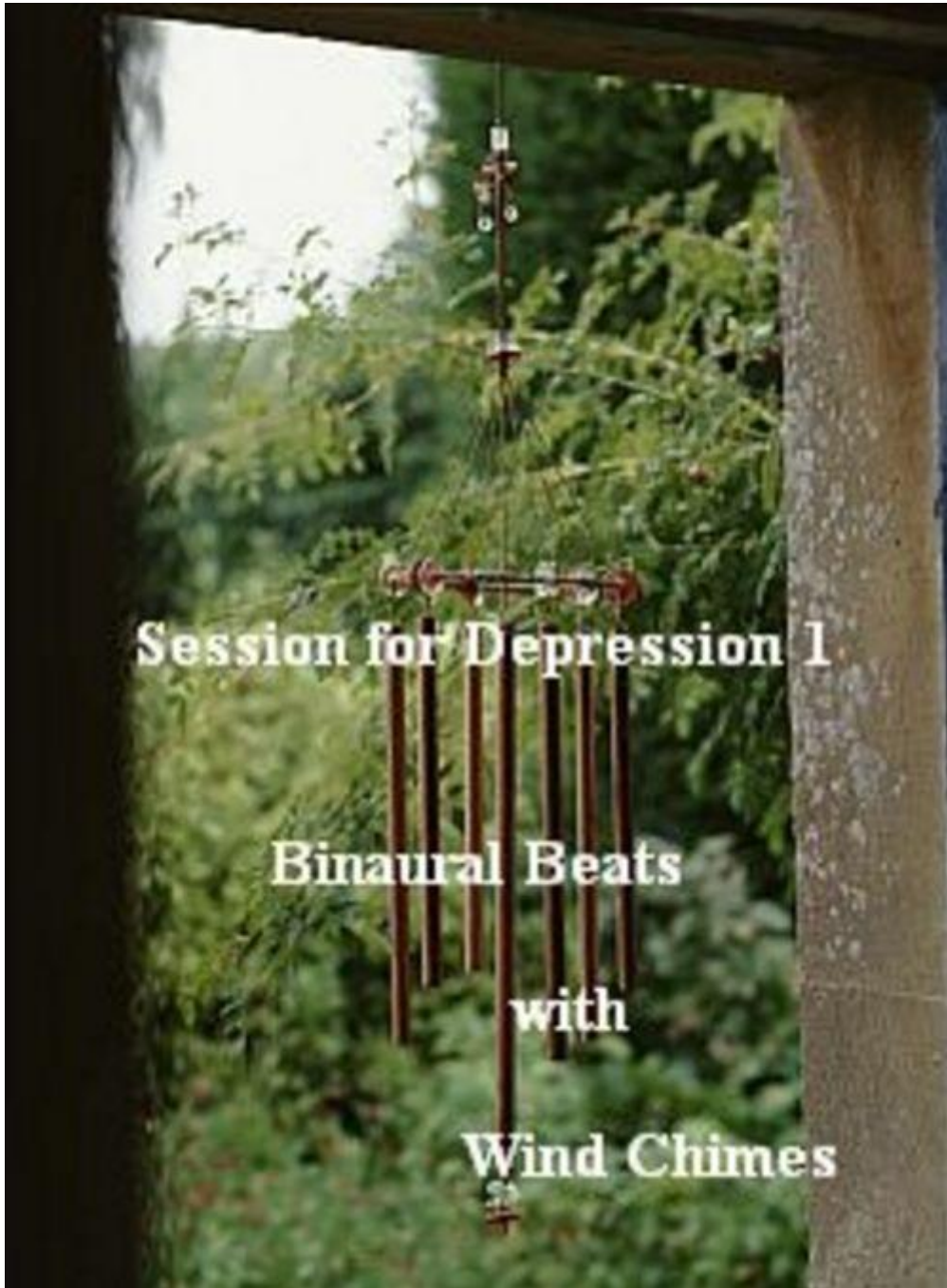


Anti Depression Vol.1 Audio-stimulation Mp3 Binaural Beats



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Binaural Beats with Wind and Wind Chimes (Alpha/Beta, Length: 25 Minutes, File Size: 34.3 MB) The goal of this session is to stimulate beta activity in the left hemisphere while soothing the right hemisphere with alpha rhythms. It is based on the observation that many depressed individuals have an overabundance of right frontal activity and insufficient left frontal activity. Beta is sent to the right ear to

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