

# 101 Recipes In A Flash



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For The First Time Ever, It's 'Easier Than Easy' To Create a Delicious Meal in Literally Minutes...

"FINALLY! You Can Cook A Professional Delicious Gourmet Meal Lightning Fast, Without Slaving Crazy Hours in Your Kitchen...30 Minutes or Less!" Move Out of the Way Emeril Lagasse, Rachel Ray, and Bobby Flay! There's a New Chef in Town, and His/Her Name is From: [NAME] Date: [Date Issued] [Time AM/PM] Dear Friend, Let's face it, making a delicious gourmet meal is tough! There's no doubt, cooking is probably one of the most difficult trades to learn. And yet, it's not rocket science; cooking a delicious meal you see on television is next to impossible to create under 30 minutes and did I mention very difficult! Of course, some people will tell you to order some food out. WRONG! Ordering out again and again will leave your wallets emptier than a water jug in the Sahara Desert. However, the big problem is most books on cooking a delicious and quick meal mostly revolve around burgers, fries, and pizza, which can be delicious sometimes but not healthy to have every day of the week. But now there's good news! A few months ago, I wanted great tasting meals, made in a quick and efficient amount of time. The type of meal you'd see on television made by Emeril Lagasse or Bobby Flay; and yet created in a short amount of time like Iron Chef! (under an hour) My goal was set and I tried a new recipe everyday creating a meal and then finding a way to shorten the recipe's directions. Thus, creating intricate, yet delicious meals you can make under 30 minutes! .Now you can discover The Right Way to Cook Up a Storm at Lightning Speed My newly released work called 101 Recipes in a Flash is the quickest and easiest way to create professional and great tasting meals in a flash. Inside this magnificent work you'll get over 101 meals you'll absolutely love. Everything any housewife, busy-entrepreneur, student, gourmet chef, etc. would need. Create Delicious Professional Gourmet Meals in a Flash Cut your cooking time in half and create great meals like you see on T.V.! Create delicious meals in 30 minutes or less 101 dinner meals for you to choose from, so you'll never say things like, Pork and beans for dinner, again?!? Recipes you'll literally

sink your teeth into and never get tired of... 100 healthy and Low-Carb Recipes also available.

Preparation and cook time included with all recipes within the book! Learn how to cook gourmet style:

Chinese, Italian, Greek, Indian and more! From enchiladas to ground beef stroganoff this book got it all!

As you can see this really is the ultimate recipe book. Even if you're already a professional chef you'll

benefit immensely from 101 Recipes in a Flash because you'll discover how quick and easy is it to make

a delicious meal in half the time! Here's just a taste of how FAST you'll be preparing and making your

recipes! Just imagine being able to cook for your spouse, family, or friends anytime, any place, almost

anywhere without the inconvenience of ordering takeout! "Okay - So What's The Cost For This

Mouth-Watering Resource?" After going to all the trouble of testing, creating, and cooking up these

magnificent meals for myself, I settled on compiling all of these recipes in a book as a perfect and

convenient way to deliver this information (for you and me).

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