

Improve Your Eyesight Naturally: See Results Quickly - Leo Anghart

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This book details strategies designed to improve your eyesight by literally exercising your ability to see. Leos approach is very specific and targets each degree of vision problem. He explains how you can tone your eye-muscles, release tension and build up energy in order to regain your natural eyesight. Improve Your Eyesight Naturally includes simple vision tests that you can use yourself to verify your level of vision and monitor your improvements. Author: Anghart, Leo Publisher: Crown House Publishing Illustration: N Language: ENG Title: Improve Your Eyesight Naturally: See Results Quickly Pages: 00240 (Encrypted EPUB) On Sale: 2012-03-30 SKU-13/ISBN: 9781845908010 Category: Self-Help : Personal Growth - General

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