

A New Beginning - First Place 4 Health

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Disappointment with ourselves can lead us to abandon our aspirations for a life in balance, but we can learn to deal with failure and regret in a way that pushes us toward success instead of dragging us down! A New Beginning offers inspiration and motivation for anyone who struggles with insecurity or failure, especially as they strive to meet their weight-loss goals. Readers will explore 10 key scriptural principles that will help them stand strong in their commitment to live the life God is calling them to live a life of obedience, balance and victory! All-new and easy to use, each First Place 4 Health Bible study contains 12 weeks of daily study to help members and participants put Christ in first place. Based on proven techniques and more than 25 years of experience, First Place 4 Health is the most complete Christ-centered healthy living program available, and it has helped thousands of members create balance in the four core areas of their lives: emotional, spiritual, mental and physical. The results? Weight loss and total health from the inside out! Key Scriptural Principles Week 1: Welcome to Standing Strong Week 2: A Fresh Start, A New Beginning Week 3: Learning From the Past Week 4: Living in the Present Week 5: Leaning on Jesus Week 6: Looking Ahead Week 7: Giving Our Best Week 8: Growing in Grace Week 9: Surrendering to His Lordship Week 10: Standing by Faith Week 11: Soaring in the Strength of the Spirit Week 12: Time to Celebrate Author: First Place 4 Health Publisher: Gospel Light Illustration: N Language: ENG Title: A New Beginning Pages: 00256 (Encrypted EPUB) On Sale: 2011-08-25 SKU-13/ISBN: 9780830757299 Category: Religion : Christian Church - General

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