

How To Make Pupusas The Traditional Salvadoran Way



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ebookslatinos.weebly.com The culture of our beautiful land of El Salvador is full of delicious traditional foods which to date we preserve them with love and pride. This is why in this ebook (electronic book) called The Beauty of Salvadorean Cuisine I decided to recompile many popular Salvadorean recipes. All those lovers of fine Salvadorian cuisine will find in its pages the best and most simple way to enjoy themselves with these delicacies, for these recipes have been carefully elaborated so that anybody with

or without culinary experience can prepare them with easiness. Once your payment is received through Paypal or Google Checkout, automatically you will receive an email containing the link where you will be able to download the ebook as a PDF file. You will also be able to print it directly from your computer if that is what you wish. If for any reason you do not feel satisfied with the purchase, you may write to me at ebooksLatinos@yahoo and I will gladly reimburse your money. So you have nothing to lose. Having said this, I would like to wish you buen apetito! Contents: 1. Albndigas (Salvadorian Meat Balls) 2. Alemanas (Coffee Cake) 3. Arroz con Leche (Rice Pudding) 4. Atol de Elote (Hot Corn Beverage) 5. Atol de Maicena (Hot Corn Starch Beverage) 6. Atol de Pina (Hot Pineapple Beverage) 7. Atol de Semilla de Maran (Cashew Nut Beverage) 8. Atol Shuco (Black Maize Beverage) 9. Ayote en Miel (Pumpkin in Syrup) 10. Batido de Naranja (Orange Shake) 11. Budn de Pan (Bread Pudding) 12. Budn de Pltano (Plantain Pudding) 13. Buuelos (Corn Fritters) 14. Carne Asada (Grilled Steak) 15. Casamiento (Rice and Beans) 16. Ceviche (Citrus-Marinated Seafood) 17. Charamusca (Ice Cold Treat) 18. Chilate con Nugado de Yuca, Buuelos de Huevo y la Miel (Hot Corn Salvadorean drink with Yucca Fritters, Egg Fritters and the Syrup) 19. Chiles Rellenos (Stuffed Bell Peppers) 20. Chimol o Chirmol (Chopped Tomato Salad) 21. Chorizo con Huevo (Eggs with Salvadorean Sausage) 22. Churros 23. Coctel de Conchas (Clam Cocktail) 24. Conserve de Coco (Coconut Preserves) 25. Conserva de Jocotes (Jocotes Preserve) 26. Cuajada (Popular Dairy Food) 27. Curtido (Salvadorean Coleslaw) 28. Desayuno Tpico Salvadoreo (Typical Salvadorian Breakfast) 29. Dulce de Camote (Sweet Potatoes with Syrup) 30. Empanadas de Pltano (de Leche Poleada y de Frijoles) (Plantain Turnovers Filled with Milk-Pudding or Refried Beans) 31. Enchilada Salvadorea (Salvadorean Enchiladas) 32. Ensalada de Frutas (Fruit Salad) 33. Escabeche (Acidic Vegetable Salad) 34. Espumillas (Egg Whites Treat) 35. Flan Casero de Leche (Caramel Custard) 36. Flan de Caf (Coffee Flan) 37. Flan de Calabaza (Pumpkin Flan) 38. Flan de Coco (Coconut Flan) 39. Flan de Pia (Pineapple Flan) 40. Fresco de Arrayan (Arrayan Drink) 41. Fresco de Cebada (Barley Drink) 42. Fresco de Ensalada (Salad Drink) 43. Fresco de Fresa (Strawberry Drink) 44. Fresco de Horchata Salvadorea (Salvadorean Horchata Drink) 45. Fresco de Horchata de Arroz (Salvadorean Rice Horchata Drink) 46. Fresco de Meln (Melon or Cantaloupe drink) 47. Fresco de Sandia (Watermelon Drink) 48. Frijoles Santanecos (Beans from Santa Ana) 49. Guacamol Salvadoreo (Salvadorean Guacamole) 50. Hojuelas u Hojaldras (Corn Flake Fritters) 51. Huevos Rancheros (Country Style Eggs) 52. Jocotes en Miel (Jocotes with Syrup) 53. Jugo de Papaya (papaya Juice) 54. Leche Poleada Hot Milk Pudding Drink)

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