

# Are You Getting Enlightened Or Losing Your Mind?: A Psychiatrist's Guide For Mastering Paranormal And Spiritual Experience. - David Gersten

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The integration of spirituality and psychiatry, Are You Getting Enlightened Or Losing Your Mind? provides a model to distinguish mental illness from spiritual and paranormal experience. Extensive mental fitness techniques, especially mental imagery, help the reader to integrate miracles and madness. Author: Gersten, David Publisher: Wisdom Moon Publishing Illustration: N Language: ENG Title: Are You Getting Enlightened Or Losing Your Mind?: A Psychiatrist's Guide for Mastering Paranormal and Spiritual Experience. Pages: 00000 (Encrypted PDF) On Sale: 2012-07-17 SKU-13/ISBN: 9781938459092 Category: Body, Mind & Spirit : Parapsychology - General Category: Body, Mind & Spirit : Unexplained Phenomena Category: Psychology : Movements - Transpersonal

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