

Cutting It Out: A Journey Through Psychotherapy And Self-harm - Carolyn Smith

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The first-person narrative offers a vividly honest voice to the feelings and compulsions that drive someone to harm themselves and explores the conflict between the desire to self-harm and the struggle to control and overcome this addictive, self-destructive behaviour. It also explores the complex nature of her relationship with her therapist. Author: Smith, Carolyn Publisher: Jessica Kingsley Publishers Illustration: N Language: ENG Title: Cutting it Out: A Journey through Psychotherapy and Self-Harm Pages: 00128 (Encrypted PDF) On Sale: 2005-12-13 SKU-13/ISBN: 9781843102663 Category: Psychology : Psychotherapy - Child & Adolescent

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