

# Dishing Up Maryland: 150 Recipes From The Alleghenies To The Chesapeake Bay - Edwin Remsberg

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The sweet and classic fresh taste of crab cakes may be Maryland's signature flavor, but it's only a part of what the Old Line State has to offer. More than 28 million people visit Maryland every year, spending billions of dollars, much of it on food. Those who live in Maryland year-round care deeply about the quality of their food and its origins; they support local farms and take pleasure in creating recipes built around farm-fresh products. Dishing Up Maryland focuses on the rich diversity of Maryland's native foods and food producers and includes 150 recipes, as well as food lore; advice on where to visit; and profiles of local food producers, chefs and restaurants, and fishermen and crabbers. Southern Fried Chicken, Roasted Turnips and Rutabagas, Corn and Quinoa Salad with Lemon Mint Dressing, and the beloved Smith Island Cake celebrate strong traditions and the best tastes of fall, winter, and spring. Summer, everyone's favorite season for celebrating local freshness, is spent grilling in suburban backyards and enjoying the shore; dishes like Strawberry Shortcake with Biscuits, Corn Fritters with Sweet and Spicy Dipping Sauce, and Rockfish Kabobs in Greek Marinade define the lazy days of the season. And then there are the crabs. What would a Maryland cookbook be without a mouth-watering collection of crab recipes? Hot and Spicy Crab Dip, Kathleen's Crab Salad, Fried Crab Cakes with Dijon Mustard, Pan-Fried Soft-shell Crabs, Crab Bisque, and many more fresh takes on Maryland's best-loved food will delight natives and visitors alike. Author: Remsberg, Edwin Publisher: Storey Publishing, LLC Illustration: N Language: ENG Title: Dishing Up Maryland: 150 Recipes from the Alleghenies to the Chesapeake Bay Pages: 00000 (Encrypted EPUB) On Sale: 2010-05-18 SKU-13/ISBN: 9781603425278 Category: Cooking : Regional & Ethnic - American - Middle Atlantic Sta

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