

# Signmates: An Astrological Guide To Love & Intimacy - Bernie Ashman

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Somehow, your relationship that started out so wonderfully is having problems. Or perhaps you'd like to anticipate what problems could occur in a potential relationship. More importantly, you need to know how to resolve the problems. Problems of interpersonal relationships are most often caused because everyone has conscious and unconscious needs and behaviors that can conflict with those of another. Recognizing and dealing with them can save relationships. You'll find out how to do this in Bernie Ashman's SignMates. Contrary to what some people think, your astrological sign doesn't "force" you to do anything. It is simply an indicator of what you are. By understanding how the signs relate, you can better understand relationships and how to overcome problems that may arise. In a nutshell, that is what this book will do for you. The book relates potential problems in a relationship between every sign of the zodiac. For example, if you are a Virgo and your partner is a Scorpio, you may play the "Sabotage Game," where you make it difficult for your partner to reach goals because of unresolved anger or jealousy. To deal with this you need to become aware of negative, unproductive comments and support your partner. Two other games and coping strategies are given. Or perhaps you are a Libra and your partner is an Aquarius. You may experience the "Lovers and Strangers Game" where your sense of closeness vacillates between extremes. This is a test to see if you can handle emotional heat. You have to be willing to simply and honestly discuss your feelings. Again, two more games and strategies for dealing with the conflicts that cause them are given. No matter what sign you and your partner are, this book will pinpoint the potential pitfalls and how to deal with them. Also included for each pairing is the good news, a "rainbow" at the end of the difficulties, which indicates how great such a relationship can be. Ideal for both non-astrologers and astrological pros, this book can help save your relationship.

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