

The Schwarzbein Principle Vegetarian Cookbook - , Nancy Deville

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For the millions of readers who have adopted a vegetarian lifestyle, this cookbook contains 371 healthful and delicious recipes. Sample items include: risotto with sun-dried tomatoes and gorgonzola cheese, Middle Eastern lentils with vegetables, Szechwan tofu with green beans, mushrooms and peanuts, tempeh tacos, meatless moussaka, quesadillas, tofu enchilladas and artichoke chowder. Author: Schwarzbein, M.D., Diana Author: Deville, Nancy Author: Jacob Jaffe, Evelyn Publisher: HCl0001 Illustration: N Language: ENG Title: The Schwarzbein Principle Vegetarian Cookbook Pages: 00380 (Encrypted EPUB) On Sale: 2010-01-01 SKU-13/ISBN: 9781558746824 Category: Health & Fitness : Diets - General

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