

What's In Your Pizza? - Jaclyn Sullivan

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Ask any kid about his or her favorite food, and chances are pretty good that you'll hear more than a few shouts of "pizza!" Luckily, pizza doesn't have to be an unhealthy food choice. This book identifies the various components that make up a pizza and where they come from. Sources of added fats and calories are examined in straightforward and easy-to-follow text. Bright photographs aid readers in visualizing the suggested healthy (and tasty) alternatives to traditional toppings. Author: Sullivan, Jaclyn Publisher: PowerKids Press Illustration: N Language: ENG Title: What's in Your Pizza? Pages: 00024 (Encrypted PDF) On Sale: 2012-01-15 SKU-13/ISBN: 9781448862092 Category: Juvenile Nonfiction : Health & Daily Living - Diet & Nutriti Category: Juvenile Nonfiction : Cooking & Food Category: Juvenile Nonfiction : Technology - How Things Work/Are Made

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