

Your Healthy Plate: Grains - Katie Marsico

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This new book from Cherry Lake Publishing, highlights grains, one of the food groups contained in the new dietary guidelines for Americans launched in January 2011 by the FDA. This leveled reader helps the young child understand the importance of grains as a part of a balanced diet. Author: Marsico, Katie
Publisher: Cherry Lake Publishing Illustration: Y Language: ENG Title: Your Healthy Plate: Grains Pages: 00024 (Encrypted PDF) On Sale: 2012-01-01 SKU-13/ISBN: 9781610803489 Age: 04-08 Reading Level: PS-03 Lib Category: Pasta products Lib Category: Cereals as food Category: Juvenile Nonfiction : Health & Daily Living - Diet & Nutriti

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