

Mp3 Jimmy SONDY - Slow Me Down



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City Folk; Country Lites: beats with a purpose. Commutin time, old red Chevys, romantic slow times, kids on drugs, kids in jail, life at its toughest and the strength to get through it. Been there, doin it. 11 MP3 Songs in this album (31:42) ! Related styles: COUNTRY: Country Folk, FOLK: Folk Blues People who are interested in Gordon Lightfoot John Denver should consider this download. Details: Jimmy SONDY,blue collar worker (automobile emissions tech),singer songwriter,married,one child,a son who is currently in PRISON serving a 3 year sentence for crimes committed while addicted to prescription drugs. The trials of this tradjedywere the inspiration for the songs on the 'Slow me Down' cd. Grasping for strength to keep my sanity and to stop the despair, anger, frustration, and bitterness from overtaking me I started putting what I was experiencing to music. Sometimes it would be a cry for Spiritual 'HELP' like in 'Commutin Time' or just plain being real pissed off and writing a song about a drug addicts education 'Educated Kinda Guy', written the day after my son was arrested. ' Once Shared' is a song I wrote about my wife and I after I came home from visiting my son in jail.What happened to our life? I just wanted some joy back. I was experiencing a nightmare. Whether you're married, single, a parent struggling with kids or a kid struggling with the challenges of growing up, the songs on this cd will speak to you about life in a lighthearted way. Hope you enjoy the cd. Send me a comment or a question. Love to hear from you.

Jimmy SONDY

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