

Mp3 Robert Hall - Brian Hand - Out Of Nowhere



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Spiritual, psychological, poems written by and read by Buddhist meditation teacher, psychiatrist, poet, with incredibly, sensitive, varied, unique, world beat music. 21 MP3 Songs SPOKEN WORD: With Music, SPOKEN WORD: Poetry Details: These poems open the ears and the eyes, tell tender and honest truths to the soul. Their words come out of the spaciousness of meditation which rings of mystery. They join voices with the wisdom and ecstasy poems of Persia, India, and Japan. - (Jack Kornfield, Spirit Rock Meditation Center) Robert Hall is a poet, psychiatrist, and Buddhist (vipassana) meditation teacher. Once a student of Fritz Perls and Ida Rolf, he has been a pioneer in the integration of bodywork, psychotherapy, and spiritual practices for many years. He teaches in the U. S., Europe, South America, and Mexico. Brian Hand is a percussionist/multi instrumentalist with many years experience as a performer, teacher, and workshop leader. He was with the great Nigerian master drummer Babatunde Olatunji for several years both performing and leading workshops. "These poems arrived literally out of nowhere. Each was written down with very little interference from the linear, discursive mind, immediately after a session of meditation. I like that they seem also to be "reports" about life as it unfolds to the inner world of a man named Robert Hall. Brian's music fits the poems perfectly because it's shamanic and immediate. Brian and I have been friends for almost 40 years. Our artistry together is no accident." - (Robert) "Layering the music to these poems meant hearing them over and over again. I never got tired of them. Being able to relate to them so totally, it all happened with little or no effort and a lot of joy." - (Brian)

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