

Mp3 Gwen Randall-young - Hypnosis For Weight Loss Volume 2



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Details: Hypnosis for Weight Loss Volume 2 - Think Yourself Thin Relax and surrender to the soothing voice and images as Gwen guides you along a peaceful journey which will show you how you can use the tremendous power of both your conscious and unconscious minds to create the physical form you have always desired. Repeated listening, as well as using other volumes in this series, will enhance your results. Gwen Randall-Young is a psychotherapist and author whose work bridges the worlds of psychology and spirit. Her gentle voice of change, and soul-centered approach as expressed in her books, audiotapes, and CDs continues to transform and uplift the lives of many throughout the world. For more titles, articles and information, please visit Gwens website: gwen.ca People who are interested in should consider this download.

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