

# Mp3 Sheila & Mary Ann - In A Moment Noticed



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This piano instrumental cd is soothing, relaxing and inspiring. 12 MP3 Songs NEW AGE: Meditation, EASY LISTENING: Mood Music Details: As we began talking about the idea of an instrumental cd, the pieces we would include and how they came to be, we noticed a common thread. Each piece seemed to have grown out of a significant relationship or experience. These relationships and experiences were, we realized in retrospect, defining, sacred moments in our lives. IN A MOMENT NOTICED is about those grace-filled moments where timelessness surrounds you and you become aware of the intangible. You feel that you have come home in your heart. A blanket of peacefulness wraps itself around you and you know there is something higher, something bigger, something awesome. We are all invisibly connected to one another, some of us bonded more closely than others, traveling in tandem on our journeys. As we honor our spirits and as we choose to go in and out of the doorways of our souls, we become freer to experience life in all its richness. Sharing our gifts, being open to each other and perhaps realizing that there is a spiritual dimension to every moment, could be the keys that lead us to becoming our fullest selves. We offer this music to you with the hope that it will resonate with your own glimpses of the eternal.

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