

The Complete 15 Minute Gourmet: Seafood - Paulette Mitchell

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What can you cook up in 15 minutes? You Might be surprised! You don't have to sacrifice flavor or nutrition just because your life is hectic. For more than 20 years, Paulette Mitchell has been creating gourmet dishes that can be prepared in 15 minutes or less. Her speedy meals are sophisticated enough to please the palates of savvy gourmets, yet simple enough that a novice can prepare them. In just 15 minutes you could be feasting on Warm Scallop and Avocado Salad Mediterranean Seafood Stew Smoked Salmon Quesadilla Grilled Pesto Shrimp with Israeli Couscous Halibut with Pineapple-Cilantro Sauce Whether you crave cuisine with an international flare or want a new spin on a traditional favorite, The Complete 15 Minute Gourmet: Seafood has recipes that yield extraordinary results with minimal time and effort. You'll be amazed at what you can create in just 15 minutes. Â "Once again, my good friend Paulette shows us how delicious, good-for-you food doesn't have to take all day."-Chef Emeril LagasseAuthor: Mitchell, Paulette Publisher: Thomas Nelson Illustration: N Language: ENG Title: The Complete 15 Minute Gourmet: Seafood Pages: 00072 (Encrypted EPUB) On Sale: 2012-08-21 SKU-13/ISBN: 9781401604936 Category: Cooking : General

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