

The Sugarless Plum - Zippora Karz

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It started as the perfect story. Zippora Karz was a member of the famed New York City Ballet by the age of eighteen. By twenty she was starring as the Sugar Plum Fairy in The Nutcracker, dancing roles created by Jerome Robbins, and traveling the world. It was the stuff dreams are made of until, at age twenty-one, Karz was diagnosed with diabetes. Balancing ballet and her blood sugar would be a long and difficult struggle for Karz. In The Sugarless Plum, Karz shares her journey from denial, shame and miseducation about her illness to how she led an active, balanced and satisfying life as an insulin-dependent diabetic and soloist with one of the world's most famous ballet companies. The Sugarless Plum takes readers deep into the heart and soul of a young dancer, and is a remarkable testament to determination and perseverance. Author: Karz, Zippora Publisher: Harlequin Nonfiction Illustration: N Language: ENG Title: The Sugarless Plum Pages: 00288 (Encrypted EPUB) / 00288 (Encrypted PDF) On Sale: 2011-02-01 SKU-13/ISBN: 9780373892457 Category: Biography & Autobiography : Personal Memoirs

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