

Mp3 Afrobeat Down - Lamp Of The Body



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Afrobeat Music. A Fusion of African Rhythms with 70's North american Jazz / Funk With child Rhythms that make want to move. 5 MP3 Songs WORLD: African, JAZZ: Global Fusion Lamp of the Body Songs Details: ABD is : Craig Teigen - Drums, Draw a blank Shekere Travis Laws - Deep Vocals Matthew Sargis - Guitars, Vocals David Semien - Guitars John 'Fingaz' Caldwell - Keys, Vocals Dave Arrollado - Baritone Sax, Flute Girard Boisse - Sax Tenile Jones - Flute, Vocals Juju Namjai - Vocals, Shekere Rami Raheb - Doumbek Simon Thomsen - Congas, Percussion Very Special Guests : Anthony Gonzales - Congas, Draw a blank Vocals Tom Burbank - Block Ralphie Torres - Sax Jason B - Trumpet Jamie Allensworth - Shekere, Draw a blank Vocals Robert Easton - Guitars, Congas, Vocals Rob Covacevich - Sax, Clarinet, Vocals BIO : In November 2002, Afrobeat Down was born out of an idea for a Fela tribute show....kinda like a one time thing, ya know.. I called up Craig and Travis and we had our first rehearsal. 3-piece afrobeat! Dave joined on the Bari Sax, and we started borrowing musicians from other working bands. After a month, we played a show at the Que Sera in our home town, Long Beach, Ca. About 15 of us showed up to play. From that point, we started rehearsing Fela covers once a week. Most of the rehearsals would have about 3-5 of us, but we made the most of it. We recorded 3 Fela songs at Craig's garage/ studio in Signal Hill (the little city inside of LB). We sent it around to clubs, events, and DJs like Garth Trinidad (KCRW) and Nnamdi (KPFK). We started to get shows at the Temple bar and Fais do do in LA. We kept playing in LB at the Prospector and eventually got a monthly spot at Que Sera with Stephen Hodges group (Tom Waits, David Lynch, Smashing Pumpkins). We Played Fela Kuti Day in Leimert Park (October 2003 KPFK Event). By November 2003, we were officially a 12 piece Afrobeat Unit, complete with original tunes. We are currently in the studio and on stage through out Los Angeles keeping the Afrobeat burning on the west coast. We are trying to bring Fela's music to as many as

possible, putting our focus on Community events. We did our 2nd AIDS Benefit with Next Aid (nextaid.org) in March '04. It was on this day that marked a truly inspirational event for us as a band. We were incredibly blessed to share the stage with Sandra Izsadore (Fela's Africa '70 and original singer of "Up Side Down"). Since the show, she has sat in with us on many occasions, and given us her full support. We are blessed to have her be apart of ABD. She is truly inspirational for Afrobeat music everywhere. Her Husband, Byron McNeish, produced our new record, "Lamp of the Body". We played FELA KUTI DAY '04 (Leimert Park, LA. October). We recently opened for Patti LaBelle Floetry at Universal Ampitheatre. We were featured in JOINTZ magazine's Sept. '04 issue reviewing a packed 400+ show we did at the DERBY in Hollywood. We are keeping the Afrobeat tradition STRONG in 2005 monthly at Club Good Hurt in Venice, CA. (2nd Friday). Bands like Daktaris, Antibalas, and Tony Allen's group have inspired us to keep the organic Afro-Beat scene ALIVE in LA. We are heavily influenced by the music of FELA ANIKULAPO KUTI. We want to play for YOU. We want to make you DANCE. We want to keep you POSITIVE. We feel a need for more CONSCIOUS people in this world...especially here in Los Angeles. If you feel the need to shake your nyash, come on out to experience Los Angeles' premiere Afro-beat ensemble. "...Oppressors, Destroyers, masochists can never be great people. Creativity, not destruction, should be the yardstick of greatness. If you cannot create anything that will make your own life, or that of a fellow human, happier, then get out of the way. Split! Disappear! And give others a chance." -FELA KUTI

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