

# Take Control And Realise Your Potential - Dr. Peter Dingle

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This book is for anyone who wants to achieve their full potential in all aspects of their lives. With 20 years of research in motivation and the science behind why people succeed, along with his own personal experiences through two major life traumas that left him facing a total career upheaval and impending business uncertainty, Dr Dingle shares his life and business strategies which helped him keep his sense of humour in the toughest of times and manage to survive and thrive in the corporate world. This is one author who knows what he is talking about. Take Control and Realise Your Potential explains why and how we limit ourselves through our conditioning. Out of the most stressful situations come the greatest opportunities to renegotiate our lives on our own terms and fulfil our potential. The blessings that follow are simply derived from knowing who we are and what drives us to get up every morning. Most people go through life in an unconscious state just getting by from day to day, one busy situation to the next. This book will help you find what is holding you back and how to make the positive choices to achieve your real potential. The strategies laid out in this book will help you to succeed and create the life you have always wanted. Author: Dingle, Dr. Peter Publisher: Barker Deane Publishing Illustration: N Language: ENG Title: Take Control and Realise Your Potential Pages: 00000 (Encrypted PDF) On Sale: 2012-01-13 SKU-13/ISBN: 9780987119957 Category: Business & Economics : Motivational

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