## Mp3 My Next Dilemma - Heal



## DOWNLOAD HERE

British Pop with electronic and acoustical flavor 10 MP3 Songs POP: British Pop, POP: Today's Top 40 Details: My Next Dilemma is based on the songwriting of Todd Miramon and Jeffrey Teruel. The two songwriters met at 14 years of age attending The School for the Creative and Performing Arts. One stayed in San Diego and became a staple in the local music scene and the other moved to Hollywood and enjoyed all the success and disappointment he could bear before running away to live in Manchester, England. In 2004, My Next Dilemma recording their first album "Trouble" and recruited Lila Zurich to do backing vocals. Without ever playing live to promote the album, "Trouble" did very well considering no promotion was ever done to help sales. In 2005, My Next Dilemma decided to reunite in the studio again for their sophomore album "Shaken Stirred". Jeff, Todd, and Lila recorded 10 brit-pop songs including a cover song by The Psychedelic Furs and The Trashcan Sinatras. Again, without promotion or playing live, "Shaken Stirred" was released and MND gained a stronger following. Now in 2006, My Next Dilemma spent January - June recording 10 more songs and is releasing it's third album "Heal". With the departure of Lila (although her departure is not official), My Next Dilemma has added Emelie Miramon on bass and is starting (FINALLY) to play live to promote their 3 albums. Reuniting for My Next Dilemma gave them the opportunity to share their life experiences while reminding them what was truly important: good friends, good times and good music.

## DOWNLOAD HERE

## Similar manuals: