

Walking The Hexagon: An Escape Around France On Foot - Terry Cudbird

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Why would a man retire from his job and take off on a unique 4,000-mile walk around France? What possessed him to wear out his sixty-year-old hips and knees when he could spend a comfortable retirement at home? In this fascinating book Terry Cudbird reveals the obsession which is long distance walking--the intoxicating freedom to go where you want, the escape from the complications and paraphernalia of everyday life, the unpredictable encounters. His itinerary covered the six sides of the French hexagon. In a year's walking he passed through the Pyrenees, the Languedoc, Provence, the Alps, the Jura, Alsace, Lorraine, Picardy, Normandy, Brittany and Aquitaine. En route he discovered the astonishing variety of France's regions; their culture, history, languages, architecture and food. He passed through cities and hamlets, idyllic mountains and bleak plains, the heat of Le Midi and the cold of Le Nord. The author relates the highs and lows of a sometimes gruelling trek: the dramatic c...Author: Cudbird, Terry Publisher: Signal Books Illustration: N Language: ENG Title: Walking the Hexagon: An Escape Around France on Foot Pages: 00315 (Encrypted EPUB) / 00315 (Encrypted PDF) On Sale: 2012-09-20 SKU-13/ISBN: 9781908493033 Category: Travel : Europe - France

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