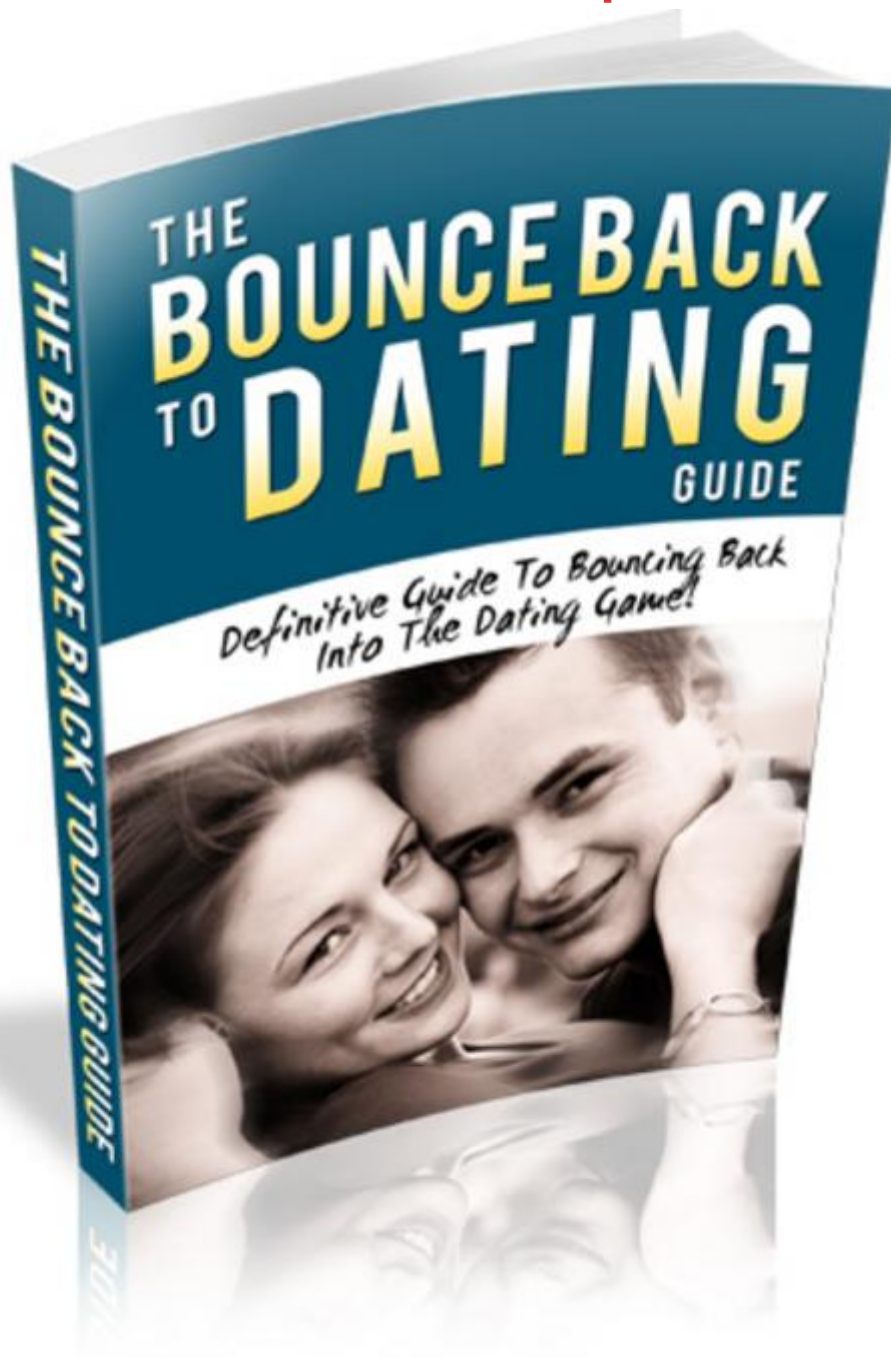


## Did You Just Get Dumped??



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Everything you ever wanted to know about.... Getting Dumped.... And Bouncing Back! We have been discussing the pain of enduring the end of a romantic relationship. No physical pain can compare to a broken heart. There are many books that deal with issues resulting from a broken heart, but all seem to be full of deep psychological advice. Common sense, it seems, is hard to find. Yet when you are suffering

from a broken heart after getting dumped in a relationship is when you need common sense advice the most! There is more to bouncing back from getting dumped than just simple research. Well meaning people will tell you to "buck up" or "snap out of it," but rarely actually give you useful advice on exactly what you should DO. Talking about the heartbreak of being dumped and telling someone to "love themselves before they can be loved" is old, worn and cliché. Isn't it about time for some realistic advice on actual exercises on what you can do to feel better? Here is what you will learn inside this guide....

How To Spot When A Breakup Is Coming Why Relationships End Exactly What To Do To Help Yourself Heal Traps To Avoid How To Bounce Back and Start Dating Again And a lot more!

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