

Mp3 Tom Lange - Sonic Massage - A Sacred Sound Journey



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This is a sonic massage, a harmonic escape from the stress of life, an opportunity to let go of the mind. Release the mind and experience the deep tones of the didgeridu, Tibetan singing bowls, gongs and much more. 10 MP3 Songs WORLD: World Fusion, NEW AGE: Meditation Details: This is a sonic massage - a harmonic soundscape recorded in stereo, created with the intent to take you out of your mind and allow a deep soundscape to wash over your mind and body. It is best experienced with headphones, as it is an attempt to capture a what it feels like to receive a live sonic massage sound session. It is also being used in yoga and Nia studios, and meant to slow down the mind allowing you to drift off to sleep at night. Check out the website with more information at sonicmassage.com.

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