

## Mp3 Marc Lacy - Reflux - Poetic Spirit And Spoken Soul



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Spiritually head bobbin', nerve soothin', heart throbbin', body movin' and groovin'. 17 MP3 Songs  
SPOKEN WORD: Poetry, SPOKEN WORD: With Music Details: REFlux: Poetic Spirit and Spoken Soul is a compilation of poetry and spoken word recorded at TouchZone Studios in Huntsville, Alabama. Maestro Charles Owens masterfully produces the melodies and rhythms over which poet Marc Lacy casts his lyrical orchestration. This cd emphasizes that one should never keep God given ability and evolution - subdued or embedded within. Featuring music from several categories, REFlux covers a wide range of subject matter spanning from love to addictions. Owens sets the tempo as Lacy accosts it with his creative vernacular. Track for track, this cd is certainly one that will keep your neck groovin' and your mind movin'. Whether driving, or just relaxing, REFlux will have you smiling while you're growing.

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