

Spring Spreads To "nutty" Breads - Marilyn Lapenta

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Spring is in the air! When warmer weather arrives, tastes turn to lighter foods, and young chefs will love the assortment of healthy, seasonal ingredients they can use in Spring Spreads to "Nutty" Breads.

Creating scrumptious dishes like Lemon Asparagus Spears, Orange Pecan Mini Breads, and Guacamole Spread is easy with these fun, simple recipes. Each recipe includes a nutrition tip and a fact box, as well as a list of tools and ingredients and easy, step-by-step instructions. Kids will learn about nutrition and healthy eating, sequencing and following directions, math and measuring skills, and kitchen safety. Go

on-chow down! Author: LaPenta, Marilyn Publisher: Bearport Publishing Illustration: N Language: ENG

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