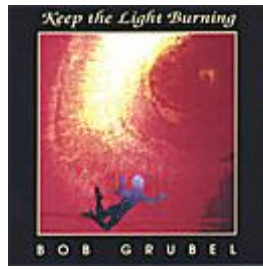


Mp3 Bob Grubel - Keep The Light Burning



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transformative music to raise your spirit and open your heart to heaven on earth featuring a wide range of instrumentation and positive lyrical expression, "like wings it lifts and carries." 11 MP3 Songs EASY LISTENING: Soft Rock, NEW AGE: Healing Details: Bob Grubel is a singer and songwriter with seven recorded cd's of his own music to date, the latest being an instrumental "New Age" cd titled Rivers From the Sun". Bob plays keyboards, guitar, lakota flute, recorder and harmonica. Bob began recording in 1987 releasing three early albums on cassette only. In 1991 he released his first cd titled Lifetimes and Ages. In 1994 he released his first cd with Grace Note, the trio he plays with, titled I Always Dreamed of Flying. In 2001 Grace Note also released The Fragrance of the Rose. In 1997 he released another solo effort, Keep the Light Burning. This cd has many guest musicians and three tracks with a choir. Some quotes about this cd: "I love your music. Like wings it lifts and carries" Kay Robbins, Roseland Va. "Bob, your music is a gift. As it fills my spirit with the light, it reminds me to laugh, live, and love." Linda Crist, Lynchburg, Va. His lyrical content has always been chosen to uplift the listener and many songs come as if a gift of greater understanding is being offered for Bob as well as the listener. Sometimes profound, sometimes simple the lyrics will open tears, laughter and familiar smiles. Bob's recent solo release, "Rivers From The Sun", is a compilation of instrumental selections that he has written in the past year. This cd is receiving great praise from those who have purchased it. Bob performs all the tracks except for Nightshades which is a live track with his group Grace Note including Martin Scudder on electric violin and Tom Williams on acoustic guitar. Bob's main instrument is the piano which he has played since his youth. His funky/smooth, spontaneous style has a distinctive character that has emerged over the years as he has grown as a player/writer. Bob often plays lengthy spontaneous selections and has "channeled" music for others during healing ceremonies, both vocal and instrumental. Bob is a

certified massage therapist and works with developmentally challenged individuals. His work as a massage therapist gave him understanding of what musical expressions enhance healing. The music on Rivers From the Sun came surrounded by the intention to be of use for relaxation, inspiration, meditation and during massage and energy work. Praise for Rivers from the Sun: We listened today and just love it. The CD is perfect background music for making a spiritual connection. Good ol' serenity. - Lou and Brant It's really beautiful. It is so much more musically interesting than other things in the genre, and I love your playing. - Betsey Alexander It's great; I really like it...very meditative. I play it at the office and also in the car. I really appreciate the breadth of your talent. I think I'll play it right now. - Celeste Bob, I got your CD and think it's GREAT. Very nice work. Ambient easy listening instrumentals are candy for my soul, so thanks. - Frank Dieter I played it for 2 straight days and meditated to it the second morning. I love it! - Amy Adams As a singer/songwriter Bob Grubel has appeared in many venues over his lifetime of song. As early as 7 years old he began singing in church and local choirs. He appeared with choirs in Carnegie Hall and St. John's Cathedral in New York City. Throughout his twenties and thirties he sang with several folk/rock bands and began to explore writing music. During the last thirty years music and song have come to Bob in many different ways. He has received 7 songs in his dreams all of which contain powerful lyrics about how to live in this time of challenge and change. Bob has performed with the trio Grace Note since 1991 in many venues across the middle Atlantic states. Bob and his wife Cate live in Floyd, Va. where he has resided since 1980.

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