

# Aspects Of Community Nutrition For Elderly Patients - Gerhild Strallhofer

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In order to plan a community nutrition for elderly patients, the catering service has to consider a few points to make it successful. Due to physiological changes, elderly people have a special need in nutrition, especially patients in long-term ward departments. Extra attention should be paid, also due to additional weaknesses that comes with various diseases. Malnutrition in the elderly is still a major problem, despite many implemented programs. Reasons for malnutrition are described, but successful counteractions are only rarely found. Difficulties and special circumstances are appearing in this age group, because of age associated diseases. With higher age and not appropriate nutrition, they are more vulnerable in their physical and mental state. General recommendations address all population groups- the old and the young. But older ones in hospital depend on medical staff (nurses) to provide them an healthy and appropriate nutrition. Different structural measures for community nutrition in the field of distribution do exist, but this technology is highly developed. It exists the possibility to deliver food in excellent quality with least losses. Diplomarbeit aus dem Jahr 2008 im Fachbereich ErnÃfÃ¶hrungswissenschaft / ÃfÃ¶konomie, Note: 3.0, UniversitÃfÃ¶t Wien (ErnÃfÃ¶hrungswissenschaften).Author: Strallhofer, Gerhild Publisher: GRIN Verlag Illustration: N Language: ENG Title: Aspects of Community Nutrition for Elderly Patients Pages: 00048 (Encrypted PDF) On Sale: 2010-01-01 SKU-13/ISBN: 9783640543526 Category: Technology & Engineering : General Category: Medical : Nutrition

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