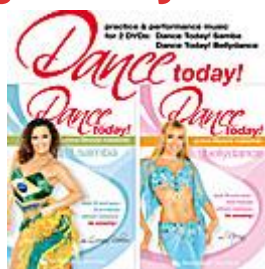


# Mp3 Nick Birmelin, Amir Naoum Chehade, Elias Sarkar - Dance Today! Bellydance & Samba



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Brazilian samba dance percussion (medium tempo and fast) and bellydance ciftetelli and drum solo - music for dance practice. 5 MP3 Songs WORLD: Middle East, WORLD: Samba Details: This is a collection of dance practice music downloads for 2 DVDs by World Dance New York

(worldldancenewyork.com) 1. DANCE TODAY! BELLYDANCE 2. DANCE TODAY! SAMBA Learn the beautiful bellydance and samba choreographies taught on these DVDs step-by-step and download the music from iTunes and other music download sites for you practice and performance! DANCE TODAY! BELLYDANCE DVD - MUSIC: Amir Naoum Chehade, Elias Sarkar Learn two dances with Neon: A fluid, sensuous dance set to a slow "ciftetelli" rhythm, and a fast and exciting bellydance drum solo! Modern bellydance is an amalgam of historical dance styles coming from both East and West. Bellydance is one of the most artistically-open and fastest-growing contemporary dance forms. It is popular on the club dance floors, featured in sexy music videos, and is a growing fitness trend. Bellydance is an amazing source of physical, social, and emotional benefits. It stimulates and heals the body, prompts weight loss, has a meditative effect on the mind, and lifts the spirit by enabling you to own your feminine power. Bellydance cultivates companionship among women, and helps us take a more confident and open stance toward the world. These unique benefits are making bellydance a modern lifestyle phenomenon - a way to find freedom from the ordinary and get in touch with your inner goddess! DANCE TODAY! SAMBA DVD - MUSIC: Nick Birmelin and Grupo Ribeiro (Nick Birmelin, Nick Herman, Ze Mauricio, Phil Ballman, Herculano Federici) Learn two fun and elegant BRAZILIAN samba dances with Quenia Ribeiro and Quenia's band, Grupo Ribeiro! Samba is Brazil's gift to the world, the Brazilian nation's renowned dance and music. Like Brazil itself, samba is a joining of many cultural influences, with portions from

Africa, Europe, as well as from the indigenous people of the Brazilian region of South America.

Developed in Bahia and brought to Rio de Janeiro by Brazilians of African descent, samba has been embraced across Brazilian society. There are many different styles of samba music and dance in Brazil. In this instructional DVD Quenia Ribeiro teaches the sexy exciting samba from Rio. Quenia demonstrates the basic footwork of samba and then breaks down the movements into concise, understandable steps that anyone can follow. The next section in the DVD focuses on 2 choreographed routines featuring the style known as "Samba No Pe." Rio's famous Carnaval is celebrated annually preceding Lent. The Escolas De Samba, (samba schools) are community-based organizations, that create the music, dance, costumes and world-renowned floats of the Carnaval parade. In addition to the musicians (bateria), the parade is comprised of "alas"(wings). Many wings you will see when you visit the Carnaval of Rio follow choreographed dance routines just like the ones demonstrated on this DVD.

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